



What's Your Plan?

Hurricane season is here. That means any part of Virginia could be affected by heavy rain, high water and wind.

Are you ready? You need supplies on hand to last at least three days for each family member. Start an emergency kit with these essential items:

- ✓ Food that won't spoil, such as canned goods and packaged foods
- ✓ Water, one gallon per person per day
- ✓ A hand-crank or battery-powered radio and extra batteries
- ✓ A family emergency plan

Once you have these basics, put them in waterproof containers that you can carry or roll in case you need to leave your home quickly. Old suitcases or backpacks also can hold supplies.

Other items are useful in an emergency supply kit, such as flashlights with extra batteries, a first aid kit, a list of prescriptions and doctors, special items for young children and disabled or older family members, and food and water for your pets.

Think that's too much to do? At least get started with the essential items, and then add something to your kit each week. For a family emergency plan worksheet, go to www.ReadyVirginia.gov and click on Make a Plan.

Emergency preparedness is everyone's responsibility. What's your plan?

Visit www.ReadyVirginia.gov and www.ListoVirginia.gov to learn more about how to prepare for hurricane and flood season.

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